

## COVID-19 Update 3/18/2020

Nexus Health Systems has been following the developments surrounding COVID-19 rates and its global impact. As a provider of healthcare, we are concerned with the health of our patients, our employees, and the community. CDC recommendations related to actions that we should take and sanctions for protecting those that we serve is evolving.

With the help of CDC guidance, we have implemented several plans that are designed to reduce the risk and incidence of COVID-19 in our facilities:

- Patient symptom screening upon admission and daily while an inpatient
- Visitor restrictions and health/travel screenings at all facilities
- Visiting hour restrictions
- Vendor screening and limitation on non-essential visits
- Employee health screening with any upper respiratory symptoms or travel history
- Employee temperature screening when reporting for work each day

Nexus Children's Hospital - Houston has revised our policy on visitors and visiting hours. These changes are temporary but are in effect until further notice.

- Revised visiting hours are 6:30 am to 6:30 pm.
- North Unit visiting hours are 12:00pm to 2:00 pm and 4:30 pm to 6:30 pm.
- All visitors will be screened daily.
- Based on the March 16<sup>th</sup> Texas Health and Human Services compliance letter, our visitor guidelines have changed. VISITOR CHANGE starting 3/18 at 6:30 am only one visit per patient per day is allowed. This includes the family member/caregiver staying at the bedside overnight.
- For the family/caregiver remaining in the hospital overnight, you will only be allowed to leave and return to the hospital one time per day during the revised visiting hours. This will be considered the one allowed visit.
- For families staying overnight, please visit the reception area for your daily screening to help us keep our patients, families and staff safe.
- No children under 18 years of age will be allowed to enter the hospital.
- All patients will be screened daily as part of routine nursing care.
- Visitors that answer yes to the screening criteria or who are sick will not be allowed to enter the hospital.

Current screening criteria:

- Have you traveled outside the US in the past 14 days?
- Have you been in contact with a person who has traveled outside the US in the past 14 days?
- Have you had contact with a person with confirmed coronavirus?
- Have you had a fever in the past 24 hours?
- Do you have a cough?
- Do you have difficulty breathing or shortness of breath?
- Do you have a current oral temperature 100.4° F or above? (we will perform the temperature screening)

Thank you all very much for supporting our efforts to contain the potential spread of this virus.

Mary Harbeson, CEO  
Nexus Children's Hospital - Houston

*Please call the facility for the most current visitation information.*