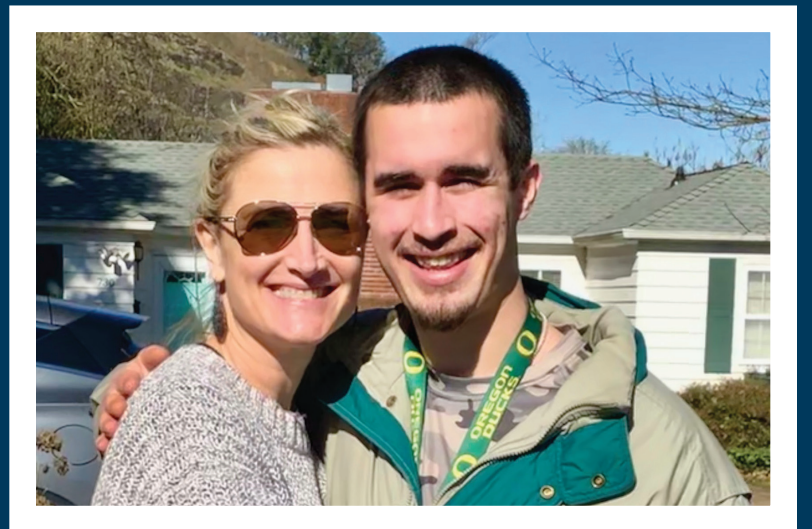


# NEXUS CHAMPION TANNER SIMMONS



“[Nexus] was really a godsend to get him back to square one.”

Tanner Simmons is now a thriving young man, but just a year and a half ago, he was recovering from a traumatic brain injury as a result of a motor vehicle accident. Coming home from the hospital initially after the injury was challenging because Tanner's progress was slow, and he was struggling with life choices.

Reaching out to his family for help, Tanner was flown to Texas where he could receive the help and care he needed; however, the first facility he went to did not have the appropriate resources to treat Tanner's challenges stemming from his brain injury. After being evaluated at a hospital, Nexus Neurorecovery Center was recommended as the right place for him.

**“Because Tanner had a dual diagnosis, it was difficult to find a place that would accept him and work with him,”** explained Michele Simmons, Tanner's mother. **“He really wanted help, and although it was hard for him, he really appreciated being at Nexus Neurorecovery Center.”**

Tanner started in one of the entry-level residential programs and worked his way through the neurocontinuum of care as he progressed.

**“I relearned normal everyday skills, such as making my bed, doing laundry, and cleaning dishes, so that someday I wouldn't have to live with my parents,”** shared Tanner. **“I made friends with the other residents. I also had relationships with the staff. They were all good to me and pushed me. I was far from home and missed my family, but they helped with that, too.”**

Michele explained Tanner had to learn how to do everything again because he hadn't gotten that far in his journey and may have taken a few steps back after coming home initially. She said, **“It was really a godsend to get him back to square one.”**

**“They really touched on everything,”** said Michele. **“He felt good that there were expectations that he could work to meet, and he also liked the horticulture activities and outings. It was important that he could be outside and not in a hospital. That was a big deal for him.”**

An avid sports fan, Tanner also worked to regain skills during therapy to play his favorite games again.

**“Overall, we're very thankful for Nexus Neurorecovery Center,”** said Michele. **“He was treated very well and was respected. And now he has his own place and is part of a community. We weren't sure if that was going to happen. It's a big positive!”**

Tanner echoed his mother's excitement: **“I am living on my own for the first time. It feels good to have my own place.”**

Right now, Tanner is focused on finishing the last nine credits to earn his diploma and he's studying to take his drivers license test.

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MENDING MINDS.